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Thursday, November 4, 2010 Published for the Fort Jackson/Columbia, S.C. Community

www.jackson.army.mil

Family salute



Leader file photo

A girl enjoys the swing ride at last year's Military Family Month fun fair. Throughout November, numerous events are planned to honor military families, culminating with a ceremony Nov. 22. For a list of this year's events, see Page 22.

Post celebrates Military Family Month

By KRIS GONZALEZ

Fort Jackson Leader

President Barack Obama issued an official proclamation Monday designating November as Military Family Month.

In his proclamation, Obama recognized the many contributions, commitments and sacrifices made by military families throughout the nation.

"Across America, military families inspire us all with their courage, strength, and deep devotion to our country. They endure the challenges of multiple deployments and moves; spend holidays and life milestones apart; juggle everyday tasks while a spouse, parent, son, or daughter is in harm's way; and honor the service of their loved ones and the memory of those lost."

Obama described the steps his administration has taken to ensure military families have the resources to care for themselves and to reach their dreams, and he called upon all Americans to honor military families through private actions and public service.

"We are working to improve family resilience, enhance the educational experience of military children, and ensure military spouses have employment and advancement opportunities, despite the relocations and deployment cycles of military life. Our historic investment to build a 21st century Department of Veterans Affairs is helping to provide our veterans with the benefits and care they have earned.

"We are also standing with our service members and their families as they transition back into civilian life, providing counseling as well as job training and placement. And, through the Post-9/11 GI Bill, our veterans and their families can pursue the dream of higher education.

See **FAMILY:** Page 6

Holiday a chance to thank our heroes

eterans Day is an important day, not only for those who have served and those who continue to serve, but for every American. I strongly believe that we cannot show too much appreciation and respect for our veterans. Our country would not have the many freedoms that it has today had it not been for the tremendous courage and sacrifices of our veterans.

As always, there are a number of planned Veterans Day observances in the area. Fort Jackson will have a wreathlaying ceremony Wednesday morning.

The City of Columbia will host a Veterans Day parade Thursday, and veterans' organizations throughout the area will be marking the holiday in some way or another.

We should all make an effort to attend an event. If you can't make the wreath-laying ceremony or the parade, a brief visit to Dorn VA Medical Center to spend a little bit of time with our veterans might work. It would not be too much to ask, and something like that would not go unappreciated by the veterans receiving some company.

At Fort Jackson, we have a year-round open invitation to our veterans to visit and observe how we conduct training today. I am sure many of them appreciate this opportunity, judging by the number of participants who have taken advantage of our tours so far.

Veterans Day provides us another opportunity to show

MAJ. GEN. JAMES M. MILANO

Fort Jackson Commanding General



our appreciation for those who have gone before us, providing the call to come together, recognize and reflect on the sacrifice and courage of the military men and women — as well as their families. We must never allow ourselves to lose sight of our mission and our ultimate objectives as a country.

In a few more years, Veterans Day will be a century-old tradition, with its beginnings traced back to the World War I timeframe. Working with the assumption that the world had seen its last global conflict, Congress passed a resolution declaring Nov. 11, 1918, Armistice Day, the original name of Veterans Day. The resolution was passed with the hope that World War I would be the war to end all wars. Unfortunately, a little more than two decades years later, the world

found out that was not the case as war broke out in Europe and soon engulfed much of the planet.

Today those of us in uniform continue to answer the call in protecting freedom and keeping our nation secure, often at great personal sacrifice and loss to our families. Armed today with all the lessons learned from the cataclysmic wars and conflicts in which America has championed democracy's principles, we find ourselves at the forefront in the fight against what future historians may look back on as the ultimate threat to freedom — the current conflict in which we have been engaged since 9/11.

Although we have significantly advanced the fight, there is still more to accomplish. It is up to us to guard what our past veterans have gallantly and courageously preserved. We have been entrusted to escort and protect the transfer of the American way of life to our future generations.

World peace — as America's leaders once thought - has yet to materialize, and perhaps never will. But that should not alter our course, nor should it dampen our hopes and resolve, because our mission stays the same.

All veterans know that. We have all taken the oath and understand what that pledge means. We will defend American's freedom and democracy and do whatever it takes to accomplish that mission.

Army Strong and Victory Starts Here!

Leader The Fort Jackson Leader

Fort Jackson, South Carolina 29207

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To submit articles, story ideas or announcements for the community page, write the Fort Jackson Leader, Fort Jackson, S.C. 29207, call (803) 751-7045 or e-mail fileader@conus.army.mil.

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Sponsorship key to good start

have moved many times in my career, within the United States and overseas. I have deployed several times, leaving my wife to pull double duty at home. I know the good, the bad and the ugly of moving firsthand from my family's experience and the stories shared by other Soldiers, civilians and family members.

Every move brings new opportunities but also challenges and stress that can have a negative impact on work and home life.

I also know from personal experience that sponsors can be the determining factor between a good or bad move. An excellent sponsor plays a key role in making a positive first impression and helping the new person and family integrate into the unit, workplace and community.

During the past several years, the Army has been experiencing a high volume of transition due to Army Force Generation, modularity, Grow the Army, Base Realignment and Closure and troop mobilization. Now more than ever we need effective sponsorship to mitigate the stress of transition; however, Soldiers, civilians and families continue to express frustration with the Army's Sponsorship Program.

Sometimes our personnel and family members have an exceptional sponsor — someone who truly makes them feel welcome and gets them off to an excellent start — but that is not always the case. There may be sponsors who are not well-equipped or motivated to provide the needed assistance or, even worse, no sponsorship at all. These experiences make sponsorship a pressing Army Family Action Plan issue. I am taking this opportunity to improve on our Total Army Sponsorship Program to enhance the readiness of our Soldiers and civilians, and deliver on our promise to take care of Families.

The Army's Sponsorship Program, as prescribed in AR 600-8-8, The Total Army Sponsorship Program, requires that every first-term Soldier have a sponsor. The sponsor acts as a big brother or sister and helps the Soldier learn Army standards and develop a sense of responsibility and teamwork. After that initial assignment, TASP offers sponsors for every Soldier — private

LT. GEN. RICK LYNCH Installation Management

Command Commanding General



through colonel — and likewise for every civilian in grades up to GS-15. A vital part of the Sponsorship Program that is often forgotten or overlooked is the rear detachment support provided to family members of deployed Soldiers and civilians.

So we have in our regulations a Sponsorship Program that covers all members of our community. I want to make sure that what is outlined on paper is also happening in our communities. Soldiers, civilians and family members will have a sponsor to provide information and support before, during and after transitions, mobilizations and deployments.

We must make sure sponsors are well-equipped for their important role. Sponsors must understand their role and have the necessary information and resources to fulfill it. Even more so, sponsors must be willing to reach out and make human contact, especially with new Soldiers, first-time civilian employees and family members who are unfamiliar with the Army way of life.

Above all, I want to ensure that commanders are invested in the success of the Sponsorship Program within their community. TASP is a commander's program. Its success is contingent upon the commander's involvement and support. It is leadership's responsibility to send the message that sponsorship is something important to do and to do it right. At the most basic level, that means having an adequate pool of sponsors to meet the needs of the

See Sponsorship: Page 16

Scary scenario

Chaplains practice active-shooter plan

By CHRIS RASMUSSEN Fort Jackson Leader

Gunshots echo through the halls. Coworkers scream in terror. With panic sinking in, what should you do to save yourself and others?

Active shooter incidents are on the rise in this country, and at military installations. At Fort Jackson, post officials are working with organizations to develop plans in the event of a shooter.

Tuesday, the U.S. Army Chaplain Center and School held an active-shooter drill to test its plan. The school is one of the first organizations on post to have the Directorate of Emergency Services and the Force Protection Office observe and participate in an active-shooter drill.

"The main thing we learned was what procedures work and what procedures don't," said Chaplain (Maj.) William Wehlage, USACHCS director of operations. "As a result of the rehearsals, we will rewrite our contingency plan and continue training. It is important for us to rehearse this as we get new personnel."

The school's scenario involved a disgruntled worker coming to the school and opening fire. The mock shooter wore a long black coat using an air horn as a fake weapon.

"Virtually everyone got out of the building, which is a good thing," Wehlage said. "It is very imperative that (we) stand ready and protect our most important asset, which is our personnel."

DoD has mandated that every office have a plan for an active shooter. The DOD sent down the guidance following the Nov. 5, 2009, mass shooting at Fort Hood, Texas, where a gunman killed 13 people and wounded 30 others.

"The first thing you need to do is try and stay calm," said Mark Mallach, Fort Jackson's anti-terrorism officer. "Although it is easier said than done, you need a calm mind so you can remember your training."

Resources to develop a plan are available through DES and the installation's Force Protection office.

"Not only do you have to have a plan for your particular area, because every area is special, you need to have a drill," Mallach said. "Look at the facility and identify safe rooms and where an active shooter is likely to enter the building. You also need to remember that once sheltered, you should not come out until your area is cleared by security personnel. You need to follow the directions of security personnel for obvious safety reasons."

The Force Protection Office and DES



Photos by CHRIS RASMUSSEN

May Barr, a training technician at the U.S. Army Chaplain Center and School, is made a "casualty" by Chaplain (Maj.) William Wehlage, right, as 2nd Lt. Michael Porter, a student at the school, records what happened during an active-shooter exercise Tuesday. USACHCS is one of the first directorates to hold such an exercise.

can be called out to observe and in some cases participate in drills for active-shooter plans.

"Come up with a plan, brief everyone and drill the plan," Mallach said. "You need to let external places around know what is going on and inform DES ahead of time about the drill."

Mallach said that whether an incident occurs inside or outside, seeking shelter from the shooter is the No. 1 priority.

"Seek and find shelter immediately. If it is a room that can't be locked, barricade it," Mallach said. "Running into a room where you can't lock the door is not the best idea because the shooter can gain access into the room. The key is to identify safe rooms that can be secured from the inside. When it comes to cover and concealment you need to find places that can stop a bullet."

If there is an opportunity to flee the building safely do so, but be careful you are not in the line of sight of the shooter.

"As a last resort, fight," Mallach said.
"Swarm the shooter and use whatever is available as a makeshift weapon to protect yourself and disable the subject."

Once personnel have gotten safely out of the building or are in a safe room, someone needs to call 911 or 751-9111 on post. A rally point, or points, should be planned so an accurate count can be made of those that have safely gotten out of the building.

Active shooter materials and publications are available on the Fort Jackson common server under Force Protection in



Sgt. 1st Class Kim Lofton, USACHCS operations NCOIC, blows an air horn "gun" during his role as a shooter during Tuesday's exercise.

the Reference Publications folder.

To contact DES about observing or participating in an active shooter drill, call

Sgt. 1st Class Paul Payne at 751-3149, or the Force Protection Office at 751-2132. Chris.Rasmussen@us.army.mil

Housing Happenings

COMMUNITY UPDATES

☐ The Residential Communities Initiative has a new web site. To access the site, visit http://www.jackson.army.mil/sites/info/pag-es/389. The site offers information on on-post housing, residing in the local area and the Single Soldier Complex.

☐ Heating systems are the most energy-consuming systems in homes. To reduce energy consumption, thermostats should be set to to 65 to 72 degrees.

☐ Residents are urged not to park on seeded areas and sidewalks, because the weight of the vehicle may damage underground sprinkler heads. Residents are encouraged to report anyone parking in restricted areas to the Military Police desk or the housing offices. ☐ Recent reports have indicated a problem with pet waste. Residents should clean up after their animals. This includes waste pickup in common areas as well as yards.

DEVELOPMENT UPDATES

☐ To date, 211 homes have been completed. ☐ To date, 211 units have been demolished in the Phase II area for junior noncommissioned officers.

☐ Furman-Smith Road at Knight Avenue remains closed. Families residing on Legge Court should enter/exit from Lee Road. Families residing in the new field grade officer housing area should use Gilmer Court. ☐ Families who live in senior noncommissioned officer housing should enter/exit via Capers and Owens Roads.

CMS Corner

The Customer Management System at Fort Jackson is a three-tiered feedback system established to determine the satisfaction of those who work, train, live and play on the installation.

CMS includes the Interactive Customer Evaluation system, Community FIRST/AFAP and Customer Service Assessments. This feedback enables the garrison to focus on specific actions aimed at improving customers' experiences of post services.

A complete list of Community FIRST issues can be found at http://www.jackson.army.mil/WellBeing/wellbeing.htm. New issues may be submitted on the site as well, by clicking on "Submit an Issue or Recommendation" or on the Community FIRST/AFAP logo.

Become a friend of CMS on Facebook by logging on to www.facebook.com. Search for CMS Fort Jackson.

"Let your voice be heard!"

Electricity 'bills' coming soon

Energy-conservation program to begin for housing residents

By CHRIS RASMUSSEN

Fort Jackson Leader

Go green and get a little green. That is the incentive for a new energy-conservation program in family housing.

Residents who live in new homes on post will receive a mock electric bill starting with the November billing cycle that is based on the average usage of similar homes. Residents should receive the first bill Dec. 1. The program will run through June and beginning in July, those residents would receive an actual bill.

Those who go under the baseline average would get a refund. However, those who go over the baseline would have to pay.

"We are trying to get residents to conserve and go green," said Tracey Lohman, Balfour Beatty community manager.

For example, she said, "If the baseline is \$200 and your bill was \$150, you would get a \$50 refund. However, if the baseline is \$200 and your bill is \$240, you would owe \$40."

The baseline has not yet been set, however.

The program, which is a DoD initiative, would group similar floor plans together for the baseline. Readings will be taken through meters installed on 208 new homes in family housing.

"Residents will definitely see a monetary advantage if they conserve and use energy wisely," said James Harper, Balfour Beatty project director. "With the energy-saving tips we are providing, residents should be able to stay under the baseline."

Vacant homes, zero-usage homes as well as the top and bottom 10 percent of usage would be removed from the average.

"We wouldn't take a small house in junior enlisted (area) and compare it to an officer's home," Lohman said. "We are going to group houses that are alike."

Each month a new baseline would be created, and there will be a buffer zone where residents can go over slightly, 5 to 10 percent. However, the buffer zone is still being worked out, Lohman said.

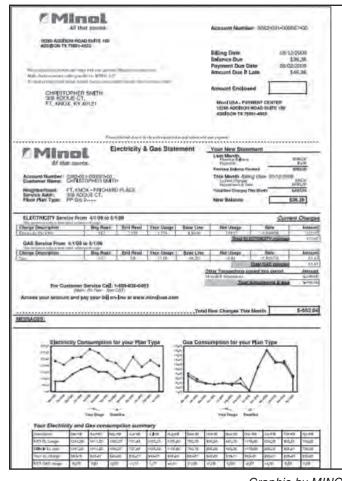
"Residents can go online to view where they stand on the baseline and that allows them to make changes on their usage if they are over the baseline for that month," Lohman said.

The new billing program, which is being administered by Minol, a third party billing company contracted to provide the services, will be introduced to new family housing neighborhoods as they are completed. Family housing is in the process of being renovated and reconstructed.

Savings in energy costs from the program will go back to the residents through improved housing and community facilities.

The program is a direct result of the Office of the Secretary of Defense, which holds Soldiers and their families responsible for their utilities. The policy is intended to increase awareness of energy usage, promote conservation and lead to reduced energy consumption.

Col. James Love, garrison commander, said during Tuesday evening's town hall meeting that the mock bills would be sent out for several months so that usage from the peak summer months can be captured.



Graphic by MINOL

Residents will soon begin to receive mock utility bills like the one pictured. The mock bills are part of a new energy-conservation program in housing areas.

ENERGY SAVING TIPS

- ☐ Turn off unnecessary lights, appliances and equipment when you leave the room.
 - ☐ Keep doors and windows closed.
- ☐ Use the washer and dryer only when you have a full load.
- ☐ Don't leave water running when brushing your teeth or shaving.
 - ☐ Use cold water for washing, whenever possible.
 - ☐ Turn off all outside lights during the day.
- $\hfill \square$ Use compact fluorescent bulbs instead of incandescent bulbs.
 - ☐ Recycle paper, glass and aluminum.

"I'm encouraged by this. Other installations have reduced their energy consumption substantially by this ... ," Love said. "In most cases, two-thirds of the residents end up either getting a rebate or don't have to pay anything at all. And one-third (of the residents) pay a nominal fee for their electricity, which is in their BAH anyway."

Chris.Rasmussen@us.army.mil

Leader deadlines

Article submissions are due two weeks before publication.

For example, an article for the Nov. 18 Leader must be submitted by today.

Announcement submissions are due one week before publication.

For example, an announcement for the Nov. 18 Leader must be submitted by Nov. 11.

Send your submissions to FJLeader@conus.army.mil.

For more information, call 751-7045.



Town hall meeting gets interactive

By SUSANNE KAPPLER

Fort Jackson Leader

Members of the Fort Jackson community who did not have a chance to attend Tuesday's installation town hall meeting will not have to wonder what they missed.

A video of the meeting will be available online no later than Nov. 17, said Lewis Kellam, supervisor operations officer with the Directorate of Plans, Training, Mobilization and Security. In addition, the format of the meeting has been expanded so that community members can e-mail questions in advance.

Col. James Love, garrison commander, said the format changes are part of a continuous effort to improve and expand community forums. The purpose is to provide information about garrison developments to as many people as possible and to garner feedback from the community, Love

"As a garrison team, as an installation staff, we have but one voice we listen to, and that's our customer," he said to those in attendance. "It is our job to provide you all with a level of service commensurate with your level of sacrifice to a nation at war."

Traditionally, community members have had the opportunity to raise questions during the meetings, some of which could be answered immediately; others were answered at the following town hall meeting. Although questions are still accepted during the meeting, Kellam said he hopes that more people will get involved by being able to e-mail questions in advance.

We try to make the process as simple as possible and also use some of the available resources ... to get to as many people as we can," he said. "It is the opportunity for those living on the installation or working on the installation to share with us those things that we don't see, things that affect them that maybe we could provide them a solution to."

Although the main focus of Tuesday's meeting was holiday safety, Love took the opportunity to remind the community about the importance of energy conservation. He said Fort Jackson's electricity bill averages about \$1 million each month.

"We have to do a better job as an installation," Love said. "We're going in the wrong way. We're supposed to be saving energy. We're actually consuming more energy than



Photo by SUSANNE KAPPLER

David Hartness, a captain with the Fort Jackson Fire Department, briefs community members about fire safety during the holiday season during the installation town hall meeting Tuesday at the Solomon Center. A video of the town hall meeting will be available online by Nov. 17.

TOWN HALL TOPICS:

- ☐ Holiday safety tips
- ☐ Dealing with stress
- ☐ Housing updates
- AAFES updates

we did last year, and that's a bad trend."

Love urged Fort Jackson employees to be mindful of their energy use and to turn off office lights, monitors, computer speakers and printers at the end of the work day.

"A little effort on your part can save us money," he said. "And that money is something I can then put back into the community and do things like build new roads (or) put it back into other programs that eventually will help Soldiers."

The next town hall meeting is scheduled for 6 p.m., Feb. 1 at the Solomon Center.

To view the video of Tuesday's town hall meeting, visit www.jackson.army.mil, scroll to the bottom of the page and click on the Vimeo link. To send in questions for the next town hall meeting, e-mail JACKSON_townhall_questions@conus.army.mil.

Susanne.Kappler1@us.army.mil

Family ceremony set

Continued from Page 1

"As America asks ever more of military families, they have a right to expect more of us - it is our national challenge and moral obligation to uphold that promise."

Fort Jackson will show its appreciation for military families with a series of free activities and events throughout the month.

"These efforts are an extension of our constant dedication to our families here at Fort Jackson," said Col. James Love, garrison commander. "We continuously strive to bring families together, to improve their quality of life and to offer support to those who support us the most.'

"A Soldier's ability to complete a mission is directly related to the support he or she receives from his or her family members. And as our nation demands so much from our Army, our family members continue to exude patience, understanding

and strength. It's so important for us to show them our appreciation for doing their part in ensuring our success."

Love, along with Maj. Gen. James Milano, Fort Jackson's commanding general, Post Command Sgt. Maj. Brian Stall and Garrison Command Sgt. Maj. Christopher Culbertson, will re-sign the Army Family Covenant and celebrate the contributions of Fort Jackson military families during the annual Families of the Year Recognition Ceremony Nov. 22 at the Officers' Club.

Winners of this year's Family and Morale, Welfare and Recreation essay contest, "How the Army Family Covenant has improved my Army Life" will also be announced.

For more information, visit www. fortjacksonmwr.com.

Kris.Gonzalez1@us.army.mil



Photo by KRIS GONZALEZ

Emily Nodine, 9, adjusts the legs of a spider she crafted during a Magic Tree House book club meeting, Oct. 27 at Thomas Lee Hall Library. The book club is part of the EDGE! program, an Army Family Covenant initiative.



Photo by STAFF SGT. TIFFANY EVANS, Army News Service

Family Readiness Group leaders learn about the Survivor Outreach Services at the third annual U.S Army Forces Command Family Readiness Group Training Symposium Oct. 23.

SOS proposal moves forward

By ROB MCILVANE FMWRC Public Affairs

WASHINGTON — A proposal to grant installation access to the family members of Soldiers killed in action was among recommendations that will go forward to Army senior leaders from last week's Survivor Outreach Services summit.

It was the third annual SOS summit, but for the first time surviving family members were present to work on the development of issues for the Army Family Action Plan. Free grief counseling for survivors was another recommendation family members sent forward.

"Caring for our survivors is one of the most honorable things anyone can do," said Maj. Gen. Reuben Jones, commander of Family and Morale, Welfare and Recreation Command. "We're so proud to build a program that aids in healing as the survivor honors their fallen Soldier."

"Although we've had two annual summits where we discussed the issues faced by survivors, this is the first time SOS has brought members from all over the country to identify, prioritize and develop issues that

strengthen and improve the Army's standard of support to survivors," said Donna Engeman, SOS program manager at FMWRC.

Modeled after the AFAP, the Army's "grass roots" system for collecting and responding to issues identified by Soldiers and their families, survivors world-wide submitted recommendations for changes to be prioritized at this forum.

Five working groups — Entitlements, Geographically Dispersed, Soldier Support, Family Support and Parent Support — were faced with 55 issues submitted by survivors from installations, the National Guard and the Reserve components.

By Tuesday afternoon, each of the groups, with the help of subject matter experts, had whittled their 10 to 16 issues down to one or two, creating a short list of eight topics to present to senior leadership at the out-brief concluding the summit.

The issues will also be presented at the 2011 AFAP Department of the Army Head-quarters Conference held by the Office of the Assistant Chief of Staff for Installation Management in the National Capital Region.

ACSIM provides policy formulation,

strategy development, enterprise integration, program analysis and integration, requirements and resource determination, and best business practices for services, programs, and installation support to Soldiers, Families, and Civilians.

The eight issues prepared for inclusion in the 2011 AFAP conference are:

From the Entitlements workgroup: "Federal Tax Credit for Survivors' (Eligible Relatives) Non-Reimbursable Expenses" and "Dual Service Surviving Spouse Survivor Health Care Entitlement Deferment."

From the Family Support workgroup: "Communication from Survivor Outreach Services (SOS) Program to Survivors (including Non-Beneficiaries)" and "Casualty Assistance Officer (CAO)/Casualty Notification Officer (CNO) Expanded Training."

The Geographically Dispersed workgroup selected one issue: "No Cost Access to Specialized Emotional/Grief Counseling for Survivors including Non-Beneficiaries."

The Parent Support workgroup selected two issues: "Department of Defense (DoD) Installation Access for Survivors without DoD ID Card" and "Service member's Designations and Terminology in DD Form 93 (Record of Emergency Data)."

News and notes

DAYLIGHT SAVING ENDS

Daylight saving time ends Nov. 7. Do not forget to turn clocks back one hour by 2 a.m. Sunday morning.

WREATH LAYING ANNOUNCED

A wreath-laying ceremony in honor of Veterans Day is scheduled for 9 a.m., Nov. 10, at Gate 1. As part of the event preparation, the inner lane in the Gate 1 traffic circle will be blocked from 1:30 to 3 p.m Nov. 9. On Nov. 10, Gate 1 and the traffic circle will be closed to all traffic from 8:30 to 10 a.m.

FLU SHOT DRIVE BEGINS

Seasonal flu shots are available 7 a.m. to 4 p.m., Tuesday through Friday at Moncrief Army Community Hospital, Room 6-27. The clinic is closed Nov. 11, 12, 25 and 26. Flu shots will be given at the Solomon Center the following dates: Monday, Nov. 15, 22 and 29, 8 a.m. to 3:30 p.m.; and Saturday and Nov. 20., 8 a.m. to 2 p.m..

Call 751-2210 for information about immunizations for newborns to 3 year olds.

PHARMACY CLOSURE

The Moncrief Army Community Hospital outpatient pharmacy will be closed Nov. 13. Refills called in before 10 a.m., Nov. 11, will be available for pick-up Nov. 13 at the refill clinic. Call 751-2101 for more.

RESE TPEATERS

Nov. 5 — 7 p.m.

The Town R 125 min.

125 min.

Nov. 6 — 7 p.m. The Town

Nov. 7 — 7 p.m PG-13 105 min.

You again

rou again

Nov. 10 — 4 p.m. The Town R 125 min.

Nov. 12 — 7 p.m.

Wall Street: PG-13 133 min.

Money Never Sleeps

Nov. 13 — 2 p.m.

Legends of the PG 97 min

Guardians

Nov. 13 — 7 p.m.

Easy A PG-13 92 min.

Nov. 14 — 2 p.m.

Legends of the PG 97 min.

Guardians

Nov. 14 — 7 p.m.

Wall Street: PG-13 133 min. Money Never Sleeps

Fort Jackson Reel Time Theater 751-7488

Ticket admission

ADULTS \$4.50

CHILDREN (12 and younger) \$2.25

CPAC Corner

The Office of Personnel Management has published revisions to the Federal Employees' Group Life Insurance regulations effective Oct. 1. The revised regulations cover changes in the following areas:

- ☐ Expanding the initial election timeframe;
- ☐ Life event election criteria coverage for 24 months for federal employees called to active duty;
- ☐ Civilian employees deployed in support of a contingency

operations emergency essential DOD employee opportunities;

- ☐ Option B&C elections at Retirement/Compensation;
- $\hfill \square$ Timeframes for converting to an individual policy; and
- ☐ Use of a power of attorney and FEGLI election

Visit the Office of Personnel Management website at www.opm.gov/insure/life for more information.

E-mail questions to to fegli@opm.gov.

Bomb squad



Photos by CHRIS RASMUSSEN

Above photo, Third- and fourth-grade students at C.C. Pinckney Elementary School ask Spc. Christopher Bernard, 748th Ordnance Company, questions about wearing a bomb suit during an unexploded ordnance briefing Oct. 28.

At right, Sgt. David Mounts, 748th Ordnance Company, demonstrates an explosive ordnance robot to students during last week's briefing. The briefing was aimed at helping children identify UXOs and explain what to do if they find one.



Army develops futuristic helmets

By DAVID MCNALLY RDECOM Public Affairs

WASHINGTON — Imagine a future when a Soldier's helmet is an integrated communications center with a heads-up computer display, night vision, thermal sensors and enhanced hearing. That future is nearer than many think.

During the 2010 Association of the United States Army Annual Meeting Oct. 25-27 at the Washington Convention Center, civilian researchers from the Natick Soldier Research, Development and Engineering Center displayed futurist equipment design concepts to senior Army leaders, congressional staffers and Soldiers attending the show.

"What we're trying to do is tell the story of how we're setting the force for the future," said Jean-Louis "Dutch" DeGay, Strategic Outreach, Natick Soldier RDEC.

DeGay said his focus is on the Soldier Domain, or everything that has to do with the individual Warfighter, such as uniforms, helmets and body armor. The NSRDEC works closely with other RDECOM centers to integrate electronics, night vision and computing power.

Army researchers consider the Soldier the most powerful weapon in the inventory.

"Our end state, as I've always said, is to develop the F-16 on legs," DeGay said. "We need to build that platform around the Soldier. We do that with vehicles and we do that with aircraft, but we don't historically do that with Soldiers."

At the Army Materiel Command booth, DeGay shows concept helmet designs. The concept helmets show integrated headgear capabilities greater than the Advanced Combat Helmet and Combat Vehicle Crewman helmets currently being used in theater. Pre-molded rails on the sides offer a way to easily mount a chemical-biological protective mask. On the front, the helmet is molded to rapidly attach night vision or thermal sensor devices.

The Army conducts extensive interviews and technology demonstrations to generate feedback from Warfighters returning from Afghanistan and Iraq.

"We integrate Soldier feedback into our design principles," DeGay said. "They're happy. Soldiers are always excited to see something wearable."

DeGay said feedback drives the science and technology investments that has led them to build a modular, upgradable helmet of the future.

"When Soldiers get the helmet they will say, 'Oh, this is my base platform with all

these pieces that are already pre-molded," he said. "What my Soldier in theater is doing right now is buying these rails aftermarket and bolting them onto the helmet. If they want mounting platforms, why don't we make the extra effort to mold the helmet to accommodate those?"

The Research, Development and Engineering Command approaches its mission in the same way large corporations might.

"We're working together in an enterprise approach, which is a little bit different from how it has traditionally been done inside DoD, and it's more of what our industry partners do," DeGay said. "You have a large company that owns a number of subsidiary companies and they all work together for a final product."

The end product is the result of research done at multiple laboratories such as the Edgewood Chemical Biological Center at Aberdeen Proving Ground, Md., the Communications-Electronics Research, Development and Engineering Center, also at APG, and the Army Research Laboratory at Adelphi, Md., as well as NSRDEC in Massachusetts.

"We develop next generation helmets, next generation body armor, on-board electronics and we work with all the other partners inside the RDECOM portfolio as we develop them," DeGay said.

The helmet project is known as an Advanced Technology Objective, or ATO. Army researchers develop the product to a point of viability.

"We're in the concept phase right now," DeGay said. "We're responsible for the science and technology, not the production and maintenance. What we'll do as part of a science exploration with the ATO is find out what shows promise, take that and present it to Program Executive Office Soldier and say, 'We've matured this to x-level.' If they think this has viability then they will continue to mature the product and go out and compete, award and maintain the item out to the Army."

Natick researchers, and their partners across RDECOM, get the ball rolling.

At the AUSA meeting many people stop by to see the technology displays.

"Certainly when you do an event like this you get very lucky in that you get the senior Army leadership on the floor walking around," DeGay said. "We want to be able to make the senior leadership aware of what it is that we're doing, how we have a plan for science and technology investment for the next one, two, three, or five years. First and foremost, it's information awareness."

Bundle of joy

Second-graders play parents to pumpkins

By KRIS GONZALEZ Fort Jackson Leader

As many children learned the art of pumpkin carving last week, some Fort Jackson children were taught to be responsible pumpkin caretakers.

In the days leading up to Halloween, and as more and more jack-o-lanterns landed on doorsteps, "pumpkin babies" were born to the second graders at Pierce Terrace Elementary School.

During a weeklong project designed to teach the intricacies of parenting, the students were required to shelter their pumpkins, clothe and feed them, read and sing to them, and more.

"It's just a great opportunity to see what it's like to be a parent and have a little bit of appreciation for some of the things they do," said Nancy Kerr, one of three Pierce Terrace second grade teachers.

For more than 20 years, Fort Jackson second graders have participated in the pumpkin babies project, which provides a fall theme for the students to incorporate and improve upon many of their skills, including reading, writing and solving math problems, Kerr said.

On the first day of the project, the students went to a makeshift "delivery room" where they were each delivered a pumpkin baby. The new parents chose the sex of their babies, named, weighed and measured them, and filled out birth certificates. That night, they decorated their pumpkin babies' faces, dressed them and provided bedding for them. Some children transported their pumpkin babies to school the next day in doll-size strollers, baskets or bassinets.

They took photos of and with their babies to put in baby books, in which the students were required to document their babies' progress as they grew from infants to toddlers to school-age children.

The students recorded their babies' measurements and milestones, including their first smiles and when they began to walk. They made up math word problems about their pumpkins, wrote essays about what kind of parents they would like to be, and generated questions to ask their babies' teachers during a mock parentteacher conference.

The students also wrote letters to their own parents — the pump-kin babies' grandparents — telling them how much their babies had grown, what they were doing, and how special they are. One child wrote to his parents that they would be so proud of the father he had become.

The novice parents learned safety rules for toddlers, such as plugging covers in electrical outlets, turning pot handles in, and not letting babies sit on the stove.

The students were required to keep their pumpkin babies supervised at all times. The children rotated as babysitters during lunch and recess. Many of the new moms and dads took their pumpkin babies on shopping trips and to sports practices, while others were resourceful in finding babysitters at home.

Angela Ward, whose daughter Camryn is a student in Wanda Beatty's second grade class, said by the end of the week, Camryn was paying sitters candy bars to watch her baby while she went on outings.

But during the first couple of days, she often had to remind Camryn that raising the pumpkin baby was her responsibility.

"When we went to the store ... she asked me if she could leave her baby in the car," Ward said. "I asked her, 'Would you want me to leave you in the car? No, you have to take your baby in the store with us.""

While shopping, Camryn left the pumpkin baby on the carts gathered in the front of the store.

"When she came near me I said, 'Oh, so you're just going to leave your baby unattended? You can't do that. You're going to get in trouble,'" Ward said. "Then she took it very seriously. I think she learned a lot, most importantly the responsibility of keeping up with somebody other than herself."

And that was the main objective of the project, said second grade teacher Amy Henderson — to give the students "an increased sense of responsibility and what it's really like to have to keep up with a child 24 hours a day."

For some students, keeping the babies in the forefront of their minds was a difficult task.

"A couple of students forgot their babies in places and they had to run back and get them," Henderson said. "We had a couple



Photos by KRIS GONZALEZ

Jacob Fernandez, 7, a second-grader at Pierce Terrace Elementary School, cradles his pumpkin baby "Rick" in a homemade bassinet Friday. Jacob and his classmates participated in a weeklong project in which they nurtured pumpkins as if they were real babies.

(pumpkin babies) who took tumbles off the tops of bunk beds."

For others, the excitement of being a new parent was all they could think about.

"We had one (pumpkin baby) who was banished to the closet to sleep in for the night because the student wouldn't go to sleep because he was playing with the pumpkin baby," Henderson said. "The student's dad had to put the pumpkin baby in the closet so the little boy could go to sleep."

And for a few select students who had twins, they experienced the pressures of having to do double the work.

"In real life, having twins means twice the money, twice the responsibility," Henderson said. "In this project, it means twice the work, twice the baby books."

But for most of the students,



A pumpkin painted like a baby girl rests in a makeshift bassinet Friday at Pierce Terrace Elementary School.

nurturing pumpkin babies for a week allowed them to grow academically and socially.

"And hopefully, it gave them a

better appreciation of mom and dad and all the things they do," Kerr said.

Kris.Gonzalez@us.army.mil

Sponsorship: Start strong to be strong

Continued from Page 2 community and supporting those sponsors with reasonable time and resources to do a good job.

I have asked Command Sgt. Maj. Neil Ciotola to lead a working group to review sponsorship from a holistic perspective and to update the program to meet the needs of Soldiers in today's Army. Two important aspects of the Sponsorship Program under examination are integration and tracking. We must have a means to collect, transmit and follow up on their needs and issues. We do not want Soldiers carrying unresolved issues from assignment to assignment. We do not want families to fail to connect or to become disconnected from

their community, especially if their Soldier is deployed. We are looking at the feasibility of using current systems to integrate and track TASP processes Army wide, among other possible improvements. I anticipate that new recommendations, guidance and requirements will be forthcoming as a result of our review.

We are approaching summer, the traditional moving season for the military. Most of us in an Army environment, Soldiers, civilians and family members alike, know what it is like to relocate. We know what a difference it makes to have a helping hand along the way.

Leaders, your direct experience alone, whether good or bad, should be

enough incentive to make the Sponsorship Program in your sphere of influence as effective as possible.

With a successful sponsorship program, we can treat every one of these moves as an opportunity to show that we will do right by Soldiers, civilians and families. The time and effort invested up front will pay big dividends in the satisfaction, commitment, and increased cohesion and mission readiness of Army units. All Soldiers, civilians and family members must be provided with quality programs and safe communities that meet their needs while enabling them to thrive and maintain resiliency. We will keep our promise.

Support and Defend.



The *Leader* welcomes letters to the editor. All letters should include the name and hometown of the writer. Letters should also include a phone number for verification purposes. The *Leader* reserves the right to edit letters for grammar, style, spelling and brevity. Send letters to *FJLeader*@ conus.army.mil. Call 751-7045 for information.

For information about advertising in the Leader, including classified advertisements, call 432-6157 or fax classifieds to 432-7609. For information about placing a display advertisement, call 786-5681.



Open for business

Fort Jackson and Family and Morale, Welfare and Recreation officials cut the ribbon during a grand opening ceremony of the Fort Jackson Inn Oct. 27. From left: Col. James Love, garrison commander; Post Command Sgt. Maj. Brian Stall; Richard Gorman, Family and Morale, Welfare and **Recreation Command execu**tive director/chief operating officer; Maj. Gen. James Milano, Fort Jackson commanding general; David Harmon, Fort Jackson FMWR director; Garrison Command Sgt. Maj. Christopher Culbertson; and Rick Combs, chief, FMWR Southeast Region.

> Photo by JAMES ARROWOOD, Command photographer

COMMUNITY SNAPSHOTS

Dining in



Photo by STAFF SGT. SEAN MILLER, 187th Ordance Battalion

Col. George Donovan, commander of the 171st Infantry Brigade, receives a memento — a wheeled vehicle mechanic statuette — from 187th Ordnance Battalion Command Sgt. Maj. Cheryl Greene at the battalion's dining-in event Oct. 22 at the NCO Club.

Bike safety



Courtesy photo

Staff Sgt. Willette Combs stands by as her motorcycle goes through a safety check during Moncrief Army Community Hospital Motorcycle Mentorship Day Oct. 19. Combs and other MACH bikers received a briefing and safety checks before a group ride to Santee.

Retirement Review



Photo by JAMES ARROWOOD, Command photographer

Eight of Fort Jackson's retiring Soldiers were honored during a retirement review ceremony Oct. 27 in front of Post Headquarters. From left: Sgt. 1st Class Linda Wilson, Sgt. 1st Class Valetta Austin, Sgt. 1st Class Cathy Cooper, Chaplain (Col.) Chester Lanious, Sgt. 1st Class Terry Cade, Command Sgt. Maj. Samuel Smith, 1st Sgt. Malcalm McKinney and Master Sgt. Darron Johnson.

Saluting this Basic Combat Training cycle's honorees

DRILL SERGEANTS OF THE CYCLE



Sgt.
Lachan Day
Company A
3rd Battalion,
60th Infantry Regiment

SOLDIER LEADER OF THE CYCLE Spc. Kyle Jakubs

SOLDIER OF THE CYCLE

Spc. Daniel McDonough **HIGH BRM**

Pfc. Tyler Peters

HIGH APET SCORE

HIGH APFT SCORE
Pvt. Wayne Knight



Sgt. 1st Class Connell Gaskin Company B 3rd Battalion, 60th Infantry Regiment

SOLDIER LEADER OF THE CYCLE Spc. Andrew Halstead

SOLDIER OF THE CYCLE
Pyt. Kevin Levine

HIGH BRMPvt. Travis McNiven

HIGH APFT SCORE Pfc. Adrian Carter



Staff Sgt.
Truong Nguyen
Company C
3rd Battalion,
60th Infantry Regiment

SOLDIER LEADER OF THE CYCLE Spc. Sean McClure

SOLDIER OF THE CYCLE Pfc. Gregory Taylor Jr.

HIGH BRMPfc. Curvin Parker II

HIGH APFT SCOREPvt. Aria Worthington



Staff Sgt.
Jade Holden
Company D
3rd Battalion,
60th Infantry Regiment

SOLDIER LEADER OF THE CYCLE Spc. Bart Dusauzay II

SOLDIER OF THE CYCLE
Pfc. Brian Franz

HIGH BRMPfc. Shane Kemmer

HIGH APFT SCORE Pfc. Alexandria Frary



Sgt.
Erik Jessen
Company E
3rd Battalion,
60th Infantry Regiment
SOLDIER LEADER

OF THE CYCLE
Pfc. John Rodriguez

SOLDIER OF THE CYCLE Pfc. Joseph Dowdell III

HIGH BRMPvt. Jarrod Freitas

HIGH APFT SCOREPvt. Jarrod Freitas



Staff Sgt.
Ronald Zapf
Company F
3rd Battalion,
60th Infantry Regiment
SOLDIER LEADER

SOLDIER LEADER OF THE CYCLE Pvt. Kevin Freiger II

SOLDIER OF THE CYCLESpc. Daniel Burnett

HIGH BRMPfc. Joshua Reichenbach

HIGH APFT SCORE
Pvt. Joshua Norton

SUPPORT AWARDS OF THE CYCLE

STAFF SUPPORTJeretha Moore

TRAINING SUPPORT Spc. Roger Love

SERVICE SUPPORT Gracie Maxey **DFAC SUPPORT**Frances Wider

FAMILY SUPPORT Amanda Jessen

November Promotions

Name	Rank	Name	Rank	Name	Rank
BARNES, Brent E.	COL	LANNAN, For M.	MAJ	CABUCO, Jordan P.	SFC
FLETCHER, Antonio M.	COL	LIVINGSTON, Clay J.	MAJ	CRUZMACHADO, Rafael O.	SFC
LILLIBRIDGE, Reynolds J.	COL	MICKEL, Steven C.	MAJ	ELIAS, Dustin L.	SFC
OSTERMAN, Bradley D.	LTC	MILLER, Brian J.	MAJ	HARRIS, Rhonda L.	SFC
POCHINSKI, John	LTC	OPIE, Katherine R.	MAJ	HORTON, Tonya A.	SFC
ANDERSON, Merlin F.	MAJ	PETERS, Paul J.	MAJ	MULLEN, Jason A.	SFC
ANDREWS, Daniel j.	MAJ	PHIFER, William M.	MAJ	STRONG, Kevin J.	SFC
BALARAM, Ravi A.	MAJ	RADIK, Matthew J.	MAJ	WATSON, Jimmie	SFC
BESKOW, David M.	MAJ	ROGERS, Tameka L.	MAJ	WESTBROOK, Justin R.	SFC
BLANNING, Aaron B.	MAJ	ROSOL, Michael S.	MAJ	AYERS, Danielle N.	SSG
BRAY, Jason C.	MAJ	SALTER, Jackson T.	MAJ	FERGUSON, Paul T.	SSG
DEB, Ashok K.	MAJ	SCOTT, Shane P.	MAJ	PATTERSON, Karla B.	SSG
DION, Robert E. Jr.	MAJ	STALLINGS, Kenneth T.	MAJ	PERRY, Scott D.	SSG
DONCKERS, Jessica E.	MAJ	VANHORN, Tyler G.	MAJ	ROBERTSON, Stacyann T.	SSG
ELGAN, Steven L.	MAJ	VAUGHAN, Jeremy D.	MAJ	SCHOENING, Dominique A.	SSG
EXLINE, Peter R.	MAJ	VELDHUIZEN, Ronald A. Jr.	MAJ	WILLIAMS, Kenneth H.	SSG
FIX, Matthew P.	MAJ	WEBER, Ethan T.	MAJ	BUTLER, Matthew D.	SGT
FULLER, Jeffrey R.	MAJ	WENNBLOM, Martin E.	MAJ	CLARK, Eula J.	SGT
GONZALES, Rainier	MAJ	RODRIGUEZ, Arroyo Luis E.	CW3	GILLILAND, Jeremy T.	SGT
GRAHAM, Kristin C.	MAJ	GOLDIE, David W.	MSG	WATKINS, Laneche M.	SGT
JOHNSON, Christopher M.	MAJ	MILES, Emanuel J.	MSG		

This week's training honor



Sgt.
Jeryll Delmar
Distinguished honor graduate
Recruiting and Retention
School, Army Recruiting
Course

Watch Fort Jackson video news stories and Victory Updates at http://www.vimeo.com/ user3022628



Follow the Leader on Twitter at www.twitter.com/fortjacksonpao for breaking news and updates.

Calendar

Today

School board meeting

4 p.m., C.C. Pinckney Elementary School

Friday

First Friday tournament

1 p.m., Fort Jackson Golf Club

Army/Navy games

11 a.m., Hilton Field Softball Complex

Veterans Day service

9 a.m., Post Theater

This service, conducted by Daniel Circle Chapel, is open to anyone. The service will honor all veterans.

Monday

American Federation of Government Employees meeting

5:30 p.m., 4405 Forney St. The meeting will focus on restructuring and on the upcoming elections.

Wednesday **ROWC** meeting

11:30 a.m., Officers' Club RSVP by Nov. 5.

Thursday, Nov. 18 **Native American Heritage Month** luncheon

11:30 a.m., Officers' Club

Friday, Nov. 19 **Veterans Day ball**

6 p.m., Medallion Center, Columbia For more information, call 751-3318/3319 or e-mail Douglas. Schuckman@conus.

Monday, Nov. 22 Army Family Covenant re-signing/ Family of the Year ceremony 4 p.m., Solomon Center

Housing events

Through Nov. 22 Harvest Hope Food Bank food drive Bring in your donations and be entered into a raffle.

Friday

Neighborhood Huddle

11:30 a.m. to 1 p.m., Legge Court, for residents in officer housing.

Monday

National Chocolate with Almonds Day 3 p.m.

Residents will receive free Almond Joys while supply lasts. People with a nut allergy will receive nut-free chocolate.

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

Announcements

DAYLIGHT SAVING TIME ENDS

Daylight saving time ends Sunday. After that date, Retirement Reviews and Basic Combat Training graduations and family day activities will start at 10 a.m.

WEDNESDAY GRADUATIONS

The graduation ceremony for Companies A, B and C of 3rd Battalion, 34th Infantry Regiment is scheduled for 10 a.m., Nov. 10. The graduation ceremony for Companies D, E and F of 3rd Battalion, 34th Infantry Regiment is scheduled for 10 a.m., Nov. 24.

ACS ON SOCIAL MEDIA

Army Community Service now has a Facebook page and Twitter feed. Follow FtJacksonACS on Twitter or friend Ft Jackson ACS on Facebook.

MONEY MATTERS CLASS

Money Matters, a Boys and Girls Club program for 14-18 year olds, meets 7:30 p.m. Wednesdays and 4 p.m. Saturdays at the Youth Services Center. The classes focus on budgeting, saving and planning for college. For more information, call 751-7706.

EXCHANGE OPTOMETRY HOURS

The Optometry Care Eye Clinic at the Exchange is open 8:30 a.m. to 5:30 p.m., Mondays, Tuesdays, Thursdays and Fridays; 10:30 a.m. to 6:30 p.m., Wednesdays; and 9 a.m. to 2 p.m.,

Saturdays. The clinic accepts TRICARE, Medicare and Blue Cross and Blue Shield insurance. For more information, or to schedule an appointment with Dr. Peter Candela, call 790-1849.

HR FOR SUPERVISORS

A course on HR for supervisors is scheduled from 8 a.m. to 4:30 p.m., Nov. 16 through 19, at the Soldier Support Institute, Room 408. Priority will be given to supervisors with less than two years of experience. Civilian and military supervisors are eligible to attend if they supervise at least three appropriated fund civilians. To register, visit https://www.atrrs.army.mil/ channels/chrtas. For more information, call Melissa Williams at 751-5063.

AFAP SEEKS VOLUNTEERS, ISSUES

The Fort Jackson Army Family Action Plan is seeking volunteers for its annual conference, Dec. 2-3. Any member of the military community can participate in the conference as a delegate. Delegates must register and attend a training session. Issues are needed from all Soldiers, specifically single Soldiers and Warriors in Transition, retired service members, civilian employees and family members. Community members may also submit issues online at www.fortjacksonmwr. com/acs_afap. Call 751-6315 for more information.

AAFES ESSAY CONTEST

AAFES is awarding a \$2,000 shopping spree to the winner of its 300-word "My Hero" essay contest. The contest is open to all military ID card holders, 18 and older. Essays may be submitted in one of six categories: community crusader, young wonder, family champion, peacemaker, earth keeper or animal wonder. Entries will be accepted through Nov. 19 and should be submitted to PatriotFamily@aafes.com.

AAFES SURVEY

AAFES will conduct a customer survey at the Exchange through Saturday. Shoppers who participate will receive a \$5 Exchange coupon.

SCHOLARSHIP FOR SOLDIERS

The Virginia Military Institute Foundation through the 100th Infantry Division Association Committee is offering two \$1,000 scholarships to qualifying Soldiers. Soldiers who are active-duty sergeants or staff sergeants may pick up an application at the Education Center, Room A100. Applications must be submitted by Friday. Award notifications will be made Dec. 6. For more information, call 751-6072/5341.

THRIFT SHOP HOURS

The Thrift Shop is now open 9 a.m. to 3 p.m., Tuesdays and Thursdays; and 9 a.m. to 5 p.m., Wednesdays.

Visit the community calendar at www. jackson.army.mil for a full listing of calendar events.

Off-post events

The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.

HISTORIC COLUMBIA FOUNDATION

The Historic Columbia Foundation offers discounted tours for military families for \$1 during its military appreciation week, Sunday through Saturday. For more information, visit www.HistoricColumbia.

MARKSMANSHIP CLINIC

Project Appleseed will host a marksmanship clinic Saturday and Sunday in Columbia. The clinic is free to service members. For more information, visit www.rwva.org.

LEADER ANNOUNCEMENTS

Community announcements should be typed and no more than 45 words. All submissions may be edited to comply with Leader style and Public Affairs regulations. Send all submissions to FJLeader@conus.

For information about classified advertising, contact Camden Media Co. at 432-6157. Classified ads amy also be faxed to 432-7609. For information about display advertising, contact Kathy at 786-5681.

Leader deadlines

Article submissions are due two weeks before publication.

For example, an article for the Nov. 18 Leader must be submitted by today.

Announcement submissions are due one week before publication.

For example, an an- conus.army.mil. nouncement for the Nov. 18 Leader must

be submitted by Nov.

Send your submissions to FJLeader@

For more information, call 751-7045.



Games ranged from simple ball throw-

ing games to more involved memory

games, to a rock-climbing wall, but regard-

CMYK





Jackie Wyszynski, 5, chooses a prize duck from the Duck Pond during Makayli Harris, 7, participates in a hula-hoop contest during Friday's the festival. Tonya Thomas, education technician, helped run the station. Fall Festival. Harris was among hundreds of people in attendance.



Photo by KRIS GONZALEZ

Tony Balsimo, 4, takes aim as he plays the Fall Harvest Ball Toss. Van Frinks, assistant director of Scales Avenue Child Development Center, looks on.

Fest fosters family fun

Witches, super heroes, video game characters and even Capt. Jack Sparrow of the Pirates of Caribbean fame stopped by Fort ceived a prize. Jackson Friday night to participate in the post's Fall Festival at the Solomon Center.

Leader staff report

Child, Youth and School Services staff as Court haunted house. manned dozens of tables full of games to accommodate children of all ages.

army.mil.



Photo by KRIS GONZALEZ

Jalynn Pangelinan, 6, waits for the next command as she plays a game of Twister during Friday's Fall Festival at the Solomon Center.

FMWR calendar

THURSDAY

- ☐ Visit **Century Lanes** for food, fun and bowling. ☐ Visit the **Officers' Club**, 11 a.m. to 1:30 p.m. for Mongolian BBQ buffet.
- ☐ Magruder's Pub and Club is open for lunch.
- ☐ Victory Bingo, 2 to 11 p.m.
- ☐ Sleepy story time, 6:30 to 7 p.m., **Post Library**. Come in your PJs, and go home ready for bed.

FRIDAY

- ☐ Visit the **Officers' Club**, 11 a.m. to 1:30 p.m. for the Blue Plate Specials.
- ☐ Victory Bingo, starts 2 p.m.
- ☐ Artistic Expressions with Jake, 6:30 p.m., Teen Room at the **Youth Services Center**.
- □ Dance to a variety of music provided by DJ Randall at **Magruder's Club**, 9 p.m. to 3 a.m. Magruder's Club is located in the back of Magruder's Pub. Cover charge is \$5 for civilians and \$3 for military. Be early for happy hour, 4:30 to 7 p.m. Appetizers are available, while supplies last.

SATURDAY

- ☐ Fall Flea Market, Solomon Center, 8 a.m. to 1 p.m. DoD identification card holders may register for one table and two chairs at no cost. Register at the front desk through Friday.
- ☐ Make it, Take it, 10:30 a.m. to 12:30 p.m., Solomon Center Marion Room. Free craft projects for adults and children.
- ☐ Victory Bingo, starts 1 p.m.
- ☐ Step Team practice, 2 p.m., dance room at the **Youth Services Center**.
- ☐ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the **NCO Club**. Cover charge is \$5 for civilians and \$3 for military.
- ☐ Buy one wing, get one free at Magruder's Club and Pub.

SUNDAY

- ☐ Victory Bingo, starts 10 a.m.
- ☐ Military Family Month brunch, 11 a.m. to 1:30 p.m. Free for all military families.
- ☐ Visit the **Officers' Club**, 11 a.m. to 1:30 p.m. for Sunday brunch. Coat and tie are not required. Call 751-4906 or 782-8761 for reservations.

MONDAY

- ☐ TRX Outdoors group fitness classes at the **Perez Tennis Court**. Call 751-5768 for more information
- ☐ Visit the **Officers' Club**, 11 a.m. to 1:30 p.m. for Sunday brunch. Coat and tie are not required. Call 751-4906 or 782-8761 for reservations.

WEDNESDAY

- □ **4-H Club meeting**, 4 to 5 p.m. For grades 1-5. Call 751-1136 for more information.
- ☐ Get your party on at the **NCO Club**, 8 p.m. Cost is \$5 for military, \$7 for civilians. New DJs. Join in for Morale Call 8 p.m. at the NCO Club's Liberty Lounge.
- ☐ Wednesdays at **Club NCO** are now Working Women's Wednesdays with specials for the ladies, starting 10 p.m. Club NCO features three bars.
- ☐ Karaoke night with Tom Marable, **Magruder's Pub**. Cost is \$3 for military, \$5 for civilians.
- ☐ Victory Readers Club, 6-8 p.m., Post Library
- ☐ **Magruder's Club and Pub** happy hour, 4:30 to 7 p.m.



Photo by MONICA DUVERNAY, FMWR Marketing Division

Theresa O'Hagan, Hogwarts spells and potions teacher, shows children how to make separation and levitation spells during a free introduction to the post's EDGE! offerings during an EDGE! Free Zone event Tuesday at the Officers' Club. The event was part of Family and MWR's Military Family Month activities.

FMWR salutes military families

By THERESA O'HAGAN

Family and Morale, Welfare and Recreation

Family and Morale, Welfare and Recreation is offering military families a variety of free and reduced price activities as a show of appreciation during Military Family Month, which began Monday

The month began with the EDGE! Free Zone at the Officers' Club Tuesday. The young family members, were able to use a day out of school to learn how to film cool camera tricks, pitch a tent, whip up some Thanksgiving desserts and crafts, putt a golf ball and practice their Harry Potter wizardry skills with some amazing potions and spells.

Get the clutter out and earn some extra cash at the indoor "yard" sale at the Solomon Center, Saturday, 8 a.m. to 1 p.m. DoD identification card holders may register for one table and two chairs at no cost. Tables are first come, first served. Register at the front desk through Friday. Sellers may begin setting up at 7 a.m., Saturday. Breakdown begins at 1 p.m. No food sales and no distributor sales allowed.

Moncrief Army Community Hospital will also be providing flu shots from 8 a.m. to 2 p.m. Adults and children can also participate in a free Make It and

Take It Craft Project in the Marion Room, 10:30-12:30 p.m.

Sunday, the entire family can enjoy a free brunch buffet at the NCO Club from 11 a.m. to 1:30 p.m. Seating is limited. Free children's entertainment will be provided by Sarah Dippity. Non-ID cardholder guest prices are \$12.95 for adults and \$5 for children.

"She is excellent with children," said Carole Coveney, manager, NCO Club. "She does a magic show and face painting"

Century Lanes is offering free games of bowling to all month military families. Anytime lanes are open at Century Lanes, except for family and graduation days, military families can get one free game of bowling per visit for every member of the family. The offer does not include shoe rentals.

"Most places offer BOGO, or Buy One, Get One Free," said John Keegan, chief, Marketing Division, Family and MWR. "We just want you to GO; go to Century Lanes, buy nothing and get one free."

Families can also enjoy a free game of bowling and unlimited arcade games, pool and air hockey, Nov. 11, 1 to 8 p.m. at Ivy Lanes. Century Lanes will offer colored pin bowling over the Thanksgiving break. Bowlers who get a strike when the colored pin is in their lane will win prizes, such as family games,

movies and more. Colored pin bowling will be offered 3 to 9 p.m., Nov. 25-26, 2 to 9 p.m., Nov. 27 and 1 to 8 p.m., Nov. 28

The Post Library has two family-fun activities planned for Nov. 13, a Multi -Generational Bake Exchange at noon and a Celebration for National Game Day. Pull out those favorite recipes for the bake exchange and bring one dozen delicious delights to swap with other bakers. Don't forget to bring recipe cards to exchange as well. Tea, coffee and cocoa will be provided. Reconnect as a family and perhaps become inspired to start game nights at home with National Game Day. Board games and electronic games will be available all day. Prizes will be awarded to the winners and refreshments will be provided.

Celebrate the contributions of military families at the annual Families of the Year Recognition Ceremony. Winners of this year's Facebook Essay Contest, "How the Army Family Covenant has improved my Army Life" will also be announced. Contest rules and details will be posted on the Fort Jackson FMWR Facebook page. During the month of November, fans of the Fort Jackson FMWR Facebook page will be randomly selected to win valuable prizes.

See FMWR: Page 23

FMWR to provide free activities throughout the month

Continued from Page 22

Take a break from the holiday preparations; enjoy free pizza, drinks and family bingo, Nov. 24 at the NCO Club, 4-7 p.m. Win fun family prizes in friendly, family-paced games of bingo.

More events are currently being planned and will be announced in the Leader, on Facebook and the Family and MWR website, *www.fortjacksonmwr.com*.

"We work for you, every day of every month," said Keegan. "Military Family Month is a golden opportunity to ramp up the fun and support Soldiers and families. You are the reason we're here."

Other offers include:

- Palmetto Greens Miniature Golf: Free round of golf at Palmetto Greens for each member of the family, Saturdays and Sundays
- **Weston Lake:** Free daily canoe or paddle boat rentals
- Marion Street Station: Free bike rentals all month
- **Retail Zone:** 25 percent off all purchases at the Retail Zone. (Excludes close-outs and sales)
- **Golf Club**: Saturdays and Sundays, Families get unlimited golf and cart after 2 p.m. until close. Adults-\$10, Children-\$5.
- **Fitness:** All Fitness Classes, no matter how many you take are FREE in November. Current Fitness members will get a free month of their choosing.



Photo by MONICA DUVERNAY, FWMR Marketing Division

Dan Cain, Outdoor Recreation, watches a game of flying disc golf during Tuesday's EDGE! Free Zone event, which gave children and parents a free sampling of this month's EDGE! offerings.

Current EDGE! classes

☐ In the Swing Golf: Mondays and Thursdays, (3:30 to 5 p.m.) Learn to golf like the pros on our own Fort Jackson Golf Course, Semmes Rd. For 9 -18 year olds. Today — Get some more putting practice. Monday — Learn to chip! Chipping is a major part in playing great golf. After practice, we'll have a question and answers game to win cool prizes.

☐ Cook Your Own Thanksgiving: Mondays and Fridays (3:30 to 5:30 p.m.) 5955-D Parker Lane. Bake all the things you need for Thanksgiving dinner...and don't forget the dessert! For 10 to 18 year olds. Friday — Got to have bread with your Thanksgiving dinner, but to make it more like Thanksgiving we'll throw a in a little sweet potato to make sweet potato biscuits. Monday — What's turkey without the stuffing? Dish up some delicious stuffing made with dried fruit like apples, cranberries and apricots.

Camp EDGE!: Tues-

days and Wednesdays, (4 to 6 p.m.) Meet for transportation to Weston Lake at 5955 Parker Lane. Pitch tents; build fires, fish for food, and other outdoor survival skills. For 9 to 18 year olds. Tuesday — What can you

eat in the wild? Learn what you can eat and what not to eat; learn to fish. Wednesday — Accidents happen, but how you deal with them is important. Learn what to do and what not to do if you are lost.

days (3:30 to 5 p.m.) 5933 Parker Lane.

Learn simple tricks to make people disappear, stage fight scenes, etc., all with a home video camera. For 11 to 18 year olds. Today — Punch Out in the Park! Learn how filmmakers make those make those cool fight scenes look so realistic.

☐ More Harry Potter!: Wednesdays and Fridays, (3:30 to 5 p.m.) Balfour Beatty Community House, Brown Avenue. Deathly Hallows is coming! Make wands, capes, castles, and end with going to see the Deathly Hallows movie. For 8 to 15 year olds. Friday — You can't be a wizard un-

less you can do some magic. Learn some very cool magic tricks, potions, and spells to amaze your friends. We're having Troll Toenails for snack! Play trivia and win prizes. Wednesday — Wand Making 101 because every great wizard needs a great wand. Design your own wand from start to finish. Chocolate wands and cockroach clusters for dessert! Play Trivia and win prizes.

☐ Thanksgiving on Thursday: Every Wednesday (3 to 4:30 p.m.)Post Library. Climb into the Magic Tree House & learn about the first Thanksgiving. Thanksgiving crafts and snacks. For 6 to 10 year olds.

The EDGE! offers free classes as part of the Army Middle School and Teen Initiative for those 11 years old. For children 9 and 10, classes are \$5 per hour. Register online at https://webtrac. mwr.army.mil or at Parent Central Services, 3392 Magruder Ave.

Keeping things clean in 'cubicle city'

By KARLA SIMON

U.S. Army Public Health Command (Provisional)

Surviving the move into a cubicle city takes a good sense of humor and creativity. As with any move, a new environment brings new challenges. Conditions in our work area undoubtedly influence our mood, physical health, productivity and sense of calm.

Everyone in the office should model good behavior and expect it from co-workers. A lot of potential problems can be alleviated by just adhering to common courtesy. Even people with different work and personal styles can sit on the other side of the cubicle wall and still get their jobs done

Design your space to fit your needs. Consciously organize your cubicle. Remove the visual "noise" that clutters your desktop. Designate specific areas for personal items and mementos and another area for ongoing projects and work-related resources. Add your personality but keep it professional. Remember to think ergonomically in the setup of your office furniture and equipment.



Keep your work environment clean.

Use spill-proof containers to hold beverages. Clean up any spills or crumbs daily. Dispose of any food refuse in the break area garbage can and not in the trash can near your desk. Take some time (at least once a week) to wipe down anything you use on a daily basis: your keyboard, your mouse and your phone. Don't forget equipment like fax machines, printers, copiers and other devices in common areas, particularly during flu/cold season.

Wash your hands. The single most effective thing you can do to stay healthy is to wash your hands regularly. The Centers for Disease Control and Prevention recom-

mends using an alcohol-based hand sanitizer when hand washing is not convenient. Always wash your hands after you sneeze, cough or blow your nose and after using the bathroom. Don't worry about appearing paranoid; wash your hands frequently throughout the day. However, it is not OK to spray your co-workers with disinfectant if they display symptoms of illness such as sneezing or coughing. Their symptoms may be related to seasonal allergies.

Take mini-health breaks. Exercise at your desk. Stretching, muscle strengthening and yoga can be done to work out kinks and stiffness that build up during the work day. Walk around cube city when you have to get up to fax or pick up something from

the printer. Remember to take mental breaks. Most people have those days when their last nerve is being severely trampled. The best thing to do is just take a breather. Get out. Go for a walk. Take a nap in your car.

Make healthy food choices. Start the day by eating breakfast. Fuel the body and mind to gear up for a day at work. Steer clear of vending machines. To combat mid-day slump and boost your metabolism, eat healthy snacks like yogurt, fruit, vegetables and nuts. Increase water consumption and limit your caffeine intake.

Don't make yourself at home. Work is not home. Employers want their employees to feel comfortable, but remember this is not your living space. At home, you want to create an environment that promotes relaxation and rest. At work, you need your space to inspire you to focus on the tasks at hand.

Use these workplace tips at your workstation to promote your health and well-being and to enhance your productivity and comfort. Visit https://usaphcapps.amedd.army.mil/hioshoppingcart for more information on hand washing, ergonomics, nutrition and other workplace health topics.

MACH DFAC reopens



Photo by CAPT. TAMARA EDWARDS, MACH executive officer

Moncrief Army Community Hospital Nutrition Care Division staff members celebrate the reopening of the hospital's dining facility Oct. 22. The facility, which was closed for more than a year, will now offer a wider selection, including sandwiches, wraps, ice cream, coffee and tea.

MACH updates

MACH THANKSGIVING

The Moncrief Army Community Hospital Thanksgiving meal is scheduled from 11 a.m. to 2 p.m., Nov. 23 in the fourth floor dining facility. Menu items include roasted turkey with gravy, steamship round roast beef, glazed ham, mashed potatoes, sweet potato casserole, mixed vegetables, shrimp cocktail and assorted pies. A la carte items will not be available. The cost for E-4 and lower ranks is \$6; the cost for all other ranks and civilians is \$7.

APPOINTMENT CANCELLATIONS

Call 751-CARE (2273) or 877-273-5584 to cancel appointments.

FAMILY MEMBER ENROLLMENT

MACH is now enrolling adult active-duty family members. Pediatric Prime enrollment is also available.

OUT-PROCESSING POLICY

Soldiers must clear Behavioral Health prior to leaving the installation. Out-processing hours are 2 to 3:30 p.m., Monday through Friday at MACH Room 10-71 or 10-103. For more information, call 751-2235.

LEADER ADVERTISEMENTS

For questions regarding classified ads, call 432-6157. Classifieds may be faxed to 432-7609 or mailed to: The Fort Jackson Leader, P.O. Box 1137, Camden, SC 29020. Classifieds may also be e-mailed to: *Skaress@ci-camden.com*.

Military heroes' stories worth repeating

By CHAPLAIN (MAJ.) CRAIG JOHNSON

U.S. Army Chaplain Center and School

The militaries of the world have long had systems in which bravery and merit is recognized in tangible ways. From the early European orders of chivalry, the current concept of medals has evolved.

Our own military has used this system, with a hierarchy of medals and other awards, for 150 years. The medals the Army awards are given to mark achievement and heroism, and everyone who is a recipient of such an award should be justly proud. While they may seem insignificant at the time, it is important to remember that no amount of money can buy these symbols of excellence.

As many Soldiers know, at the top of our nation's award

hierarchy is the Medal of Honor. Only the most valiant of heroism is recognized by its award.

You might have heard the recent announcement by the White House that it will soon be awarded to a

living recipient, Staff Sgt. Sal Giunta.

But did you know that the Medal of Honor has been awarded to seven other heroes who fought in Iraq and Afghanistan?

There was a time in our nation's history — and not that long ago —

when almost everyone would have known the name and deeds of at least a few of these most noble protectors of our freedoms. Sadly, too few people know of the great sacrifices and remarkable heroism shown by these individuals

Spc. Ross McGinnis, for example, threw himself on a grenade that was tossed into his Humvee, saving the lives of four others in the vehicle. Staff Sgt. Robert Miller ignored his own safety and drew the fire of Taliban terrorists so that his fellow Soldiers might escape the deadly barrage.

They gave their lives so that their friends and even others they did not know would live. Take a moment to find out the names of these great heroes, and share their stories. They are stories worth repeating.



PROTESTANT

Sunday

9 a.m. and 10:30 a.m. Magruder Chapel 9 a.m. Daniel Circle Chapel (Gospel) service at the Post Theater

9 a.m. McCrady Chapel (SCARNG), McCrady Training Center

9:30 a.m. Main Post Chapel

9:30 a.m. Solomon Center (Hispanic) 9:40 a.m. Moncrief Army Community Hospital

9:40 a.m. Moncrief Army Community Hospits 10:45 a.m. Post-wide Sunday School (Main Post Chapel)

11 a.m. Memorial Chapel

11 a.m. Chapel Next, Bayonet Chapel

6 p.m. Transitions Christian Service, Anderson

Street Chapel

Wednesday

6 p.m. Prayer Service Magruder Chapel

Protestant Bible Study

■ Monday

7 p.m. Women's Bible Study (PWOC — Main Post Chapel, Class 209)

■ Tuesday 9:30 a.m.-noon Women's Bible Study (PWOC, Main Post Chapel)

■ Wednesday

7 p.m. Gospel Mid-week prayer/Bible study Magruder Chapel

7 p.m. Gospel Congregation's Youth (Magruder Chapel)

■ Thursday

6 p.m. Neighborhood CMF/OCF Bible Study (Call 790-4699)

7 p.m. LDS Bible Study (Anderson Chapel)

■ Saturday

8 a.m. Men's Prayer Breakfast (Main Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall)

PROTESTANT YOUTH OF THE CHAPEL

■ Saturday

11 a.m. Magruder Chapel (third Saturday)

■ Sunday

5 p.m. Main Post Chapel

CATHOLIC

■ Monday-Thursday

11:30 a.m. Mass (Main Post Chapel)

■ Sunday

8 a.m. Mass (Solomon Center) 11 a.m. Mass (Main Post Chapel) 9:30 a.m. CCD (Education Center) 9:30 a.m. Adult Sunday School 12:30 a.m. Catholic Youth Ministry 8 p.m. McCrady Chapel (SCARNG), McCrady

Training Center

■ Wednesday
7 p.m. Rosary
7:30 p.m. RCIA/Adult Inquiry

ANGLICAN/LITURGICAL

■ Sunday

8 a.m. Anderson Street Chapel

ISLAMIC

■ Sunday

8-10 a.m. Islamic Studies (Main Post Chapel)

■ Friday

12:30-1:45 p.m. Jumah Services (Main Post Chapel)

JEWISH

■ Sunday

9:30-10:30 a.m. Memorial Chapel 10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

CHURCH OF CHRIST

■ Sunday

11:30 a.m. Anderson Street Chapel

LATTER DAY SAINTS

■ Sunday

9:30 a.m. Anderson Street Chapel

ADDRESSES. PHONE NUMBERS

Daniel Circle Chapel

3359 Daniel Circle, corner of Jackson Boulevard, 751-4478

vard, 751-4478

Main Post Chapel

4580 Strom Thurmond Blvd., corner of Scales

Avenue, 751-6469

Bayonet Chapel

9476 Kemper St., 751-4542

Family Life Chaplain

4850 Strom Thurmond Blvd. (inside of Main

Post Chapel), 751-5780

Anderson Street Chapel

2335 Anderson St., corner of Jackson Boulevard, 751-7032

vard, 751-7032

Education Center

4581 Scales Ave.

Magruder Chapel

4360 Magruder Ave., *751-3883*

120th Rec. Bn. Chapel

1895 Washington St., 751-5086 **Memorial Chapel**

4470 Jackson Blvd., *751-7324*

Chaplain School

10100 Lee Road, 751-8050

FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Col. Ronald F. Taylor
Director,
Emergency Services/Provost Marshal
Sgt. Maj. Glen W. Wellman III
Provost Sergeant Major
Billy Forrester
Fire Chief

CASES OF THE WEEK

☐ A civilian was denied access to post and had his vehicle towed from the installation after receiving several citations in connection with driving with an expired vehicle registration, Military Police said. In addition to be cited for driving with an expired vehicle registration, he was cited for operating an uninsured vehicle, driving with an expired registration and driving with a suspended license, MPs said.

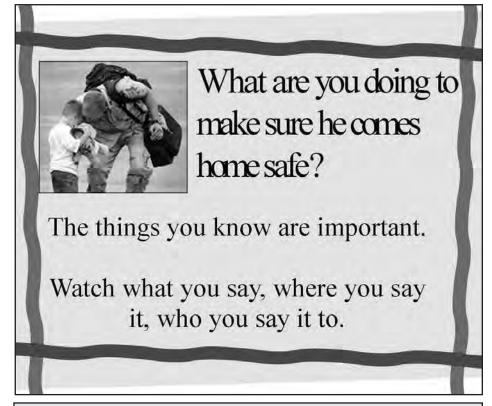
☐ A Soldier was cited for failing to wear proper protective hunting gear in the post



hunt area, MPs said. Hunters are required to wear orange vests and hats when in rifle

☐ A civilian was cited for transporting illegal persons after attempting to bring illegal immigrants onto the post, MPs said. The illegal immigrants were carrying false identification, MPs said. They were given three-year post bar letters and released to Immigration Customs Enforcement. The driver was escorted from the installation.





LEADER ANNOUNCEMENTS

☐ Stories are due two weeks before the scheduled publication. For example, an announcement for the Nov. 18 *Leader* must be submitted by today.

☐ Announcements are due one week before the scheduled publication. For example, an announcement for the Nov. 18 *Leader* must be submitted by Nov. 11.

SPORTS/FITNESS



Photos by CRYSTAL LEWIS BROWN

Runners at Saturday's second annual Halloween Howl take off at the starting line. Almost 200 runners and walkers participated in the 5K or 10K fun run, both of which began and ended at the Hilton Field Softball Complex. Family and Morale, Welfare and Recreation's Sports Department hosted the event.

Halloween Howl draws hundreds

Leader staff report

About 175 participants — some in costume, some pushing children in strollers and even one child on a bicycle — did not let Saturday's 50-degree temperatures stop them from participating in the post's second annual Halloween Howl.

The "fun run" consisted of a 5K run/walk and a 10K run, both of which started and ended at the Hilton Field Softball Complex.

Participants all received a complimentary Halloween Howl T-shirt.





Above, Mary Ward, 1st battalion, 13th Infantry Battalion, and her 16-month-old son, Alexander Matthews, make the final push toward the finish line during Saturday's Halloween Howl.

Left photo, Michelle Presnell, with the McEntire Air National Guard Fire Department, represents the Coast Guard during Saturday's 5K fun run.



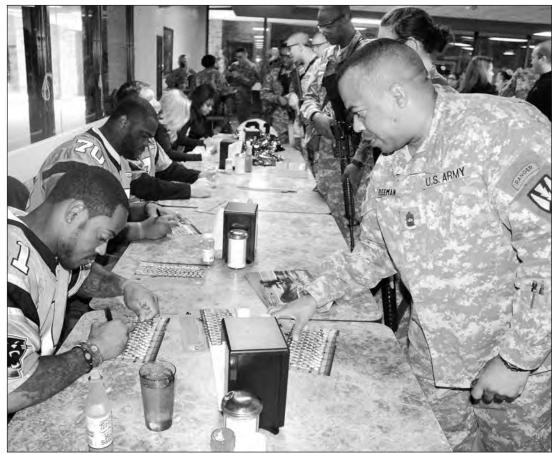
Thanks to Bryan Hernandez, commander of the 3rd Battalion, 34th Infantry Regiment, the "King" — Elvis Presley — made an appearance at Saturday's run. Along with Elvis, costumes included a baby spider, a WNBA player, a ballerina and a couple of cats.

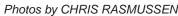
LEADER INFORMATION

☐ Article submissions are due two weeks before the scheduled publication. For example, an article for the Nov. 18 *Leader* must be submitted by today.

☐ Announcements are due one week before the scheduled publication. For example, an announcement for the Nov. 18 *Leader* must be submitted by Nov. 11.

Panthers run post route





Above photo, Carolina Panthers cornerback Captain Munnerlyn signs an autograph for Master Sgt. Daryle Freeman, 165th Infantry Brigade, in the 1st Battalion, 34th Infantry Regiment dining facility. Munnerlyn and teammates Travelle Wharton, offensive lineman, and Jason Baker, punter, signed autographs and visited Soldiers. Teammates, cheerleaders and even the team mascot toured Fort Jackson and met with Soldiers during the visit.

Top right, Pvt. Janterial Williams, left, and Pvt. Taylor Phillips, both with Company A, 1-34th, share a laugh with Carolina Panther's mascot Sir Purr during lunch. Bottom right, Pvt. Khadir Balancier, Company D, 1-34th, accepts an autograph from Carolina Panthers cheerleader Tara Campbell as Jocelyn Rover looks on.





Sports shorts

TSB TAKES BOWLING HONORS

More than 380 Soldiers participated in Commander's Cup Bowling at Century Lanes, which began Friday and ended Tuesday. The Training Support Battalion won top unit for the third year in a row. Second place went to the 165th Infantry Brigade and 3rd Battalion, 34th Infantry Regiment. Sixteen units were represented.

Individual awards were: Michelle Quille, 1st Battalion, 61st Infantry Regiment — female high game and high series; Larry Vandermolen, 1st Battalion 13th Infantry Regiment — male high game; Kevin Richardson, 165th Infantry Regiment — male high series.

ARMY, NAVY BATTLE ON POST

Soldiers will take on Sailors in an afternoon of games 11 a.m. to 4 p.m., Saturday at the Hilton Field Softball Complex. Games include softball, flag football, tug of war, volleyball and a relay race. Call the Sports Office for more information.

For information about on-post sports, contact the sports office at 751-3096.

Football standings*

Monday/Wednesday League

4-10th	7-0
SCARNG	6-1
3-34th	4-2
2-39th	3-1
165th	2-3
USADSS	1-3
Team Camden	1-2
1-34th	1-3
MEDDAC	1-4
193rd	1-4
MPs	1-5



Tuesday/Thursday League

120th	8-0
TSB	6-2
1-61st	6-2
171st	4-4
187th	4-4
3-60th	3-4
80th DIV	2-5
2-60th	1-7
TFM	1-7

* Standings as of Wednesday morning



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Photo by SGT. 1ST CLASS MARK BELL

Master Sgt. Juliet Jones shreds documents during work at the 81st Regional Support Command as part of the command's recycling program at Fort Jackson. Jones is a human resource non-commissioned officer-in-charge. The 81st RSC recycles 20-pounds bags of the shredded papers.

Local Reserve Soldiers keep it green

By SGT. 1ST CLASS MARK BELL 81st Regional Support Command

The task of ensuring the command's garbage dumpsters are clear of recyclable materials is charged to a select few individuals who volunteer to help the 81st Regional Support Command Wildcats stay green.

Several non-commissioned officers spend several hours each week collecting discarded cardboard boxes, hundreds of pounds of shredded paper and large bags of plastic bottles and aluminum cans - all to help reduce the waste at the local area land-fills.

With dozens of industrial shredders occupying hidden corners throughout the command headquarters here, Staff Sgt. Jeremy Glasco, the recycling NCO, walks around the large building ensuring each machine is working and Soldiers and civilians are following the commanding general's recycling program.

"Simply, it's the right thing to do," said Glasco, a command chaplain NCO, as he helped a civilian employee carry 20-pound bags of shredded paper to the centralized collection point. "If I am able to take one pound of recycled material out of the land-fill, I have made a difference."

That difference goes beyond the landfill as each pound of recycled product helps fund the command's Family and Morale, Welfare and Recreation activities throughout the year.

Units that deliver recyclable materials to

the post recycling center compete for monetary incentives. Funds are divided in the amount determined by the recycling board and are credited quarterly to each participating unit.

Glasco said the funds are used to pay expenditures during emergencies, moratoriums and unexpected financial shortfalls, but also fund unit's activities.

"I can quietly pat myself on the back when I know I that am helping to pay for unit activities throughout the year," he said. "Our waste is also our gain."

He said the command, led by Maj. Gen. Bill Gerety, must set the example for others to follow.

Our children will have a bet-

ter place to live if we all recy-

— Master Sgt. Maria Colon

cle more

"We must lead by example," he said. "By participating in the recycling program, it will effectively reduce the 81st RSC's environmental footprint."

Glasco said it only takes a few hours out of his week to save decades of landfill waste, and taking his "work" home is something that comes close to heart when it

comes to recycling.

The Glasco family recycles everything from glass, plastics, metals, magazines and newspapers into their three recycling bins at home.

"If my wife or I miss something our 13-year-old daughter will usually catch it and let us know," he said laughing about his home's "recycling

81st RSC

Another Soldier who helps Glasco with hundreds of pounds of material is Sgt. 1st Class Osvaldo Santiago, a father of three children who also teaches the importance of recycling at home.

During the week, Osvaldo, an engineer

NCO, and his wife work with their children to help them separate garbage and recyclable materials.

"The kids know that the regular garbage pickup is on Mondays and the blue recycling container is on Wednesdays," he said. "It's a daily duty for our family. It's important that we, as a family, help make our community and environment better for my children and their children."

Recycling has come a long way over the decades from the days of collecting can tops according to Master Sgt. Maria Colon, a human resource specialist.

"Recycling back in the days was burning things in the backyard," she said. "Today, the recycling system is getting better. The landfills are receiving less material that can be put back into our community. Our children will have a better place to live if we all recycle more."

Glasco shared a similar sentiment.

"I want my family to have a safe, clean environment in which to work, play and grow," said Glasco. "Our grandchildren will have children who will know the importance of recycling and how our actions affect the environment."

Mark.E.Bell@usar.army.mil